



# PROJECT GREEN LIGHT

Sponsored by Environmental and Conservation Organization

## Step 2. MAKE THE CHANGES

- Start with habits that you can change
- Make changes yourself
- Get a professional

## DO IT NOW

### Start with habits you can change and start saving immediately

#### Heating

1. Reduce thermostat settings especially when away and at night
2. Isolate unused rooms and block registers (have heating system checked if more than 2 rooms)
3. Close drapes and pull shades at night
4. Add a layer of clothing
5. Use a small space heater or electric blanket for comfort if this allows you to reduce thermostat setting several degrees

#### Cooling

6. Increase thermostat settings especially when away
7. Use fans to bring in cool air at night and morning (use humidity gauge to make sure indoor humidity doesn't get above 65%)
8. Isolate unused rooms and block registers (have AC system checked if more than 2 rooms)
9. Close drapes or pull shades to minimize solar heating
10. Dress lightly

#### Water

11. Reduce water heater setting to 120 degrees
12. Use cold water for most clothes washing
13. Use cold water to rinse dishes going in dishwasher
14. Take shorter showers

#### Appliances and Lighting

15. Choose energy saving options on your dishwasher/clothes washer
16. Switch off lights, computers and electronic devices when not in use
17. Only power chargers when needed
18. Remove lint and obstructions from clothes dryer vent with every use
19. Wash full loads only
20. Line dry your clothes
21. Use radio instead of TV for background